



Created in 2001, **BUSTED!** is Pennsylvania's official youth led tobacco free program.

There is no cost to attend **BUSTED!** events.

To join **BUSTED!** in Westmoreland County, contact

Anne Lail, Penn State Extension

Telephone: 724-837-1402

E-mail: AML21@psu.edu

www.WestmorelandTobaccoFree.org

www.pabusted.com



### BUSTED! Meeting and Conference Schedule (Tentative)

<b>September 16 &amp; 17, 2008</b>	Fall BOYA Conference—University Park
<b>October 6 &amp; 7, 2008 ...</b>	Youth Quest Rally—Harrisburg
<b>October 10, 2008 ...</b>	Westmoreland Tobacco Free Youth Conference - Greensburg
<b>February 28, 2009 ...</b>	Southwest Regional <b>BUSTED!</b> Conference
<b>March 27 &amp; 28, 2009 ...</b>	Spring BOYA—University Park
<b>May 30, 2009 ...</b>	<b>BUSTED!</b> Celebration—Harrisburg

### Mini-grant Campaigns

<b>October 19-25, 2008 ...</b>	Red Ribbon Week "Tobacco is a drug, too!"
<b>November 20, 2008 ...</b>	Great American Smokeout

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## PENN STATE



Penn State Extension  
Westmoreland County  
214 Donohoe Road, Suite E  
Greensburg, PA 15601

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# Tobacco Free Youth

## Westmoreland Newsletter

### Highlighting Youth in Tobacco Prevention



Spring/Summer  
2008

The Pennsylvania Department of Health's youth led tobacco free program, **BUSTED!**, introduced the **U-CAN** campaign to teens attending the Western Region conference on February 23, 2008, in Butler County. **BUSTED!** members will promote the **U-CAN** campaign during tobacco prevention events and activities. **U-CAN** join **BUSTED!** in Westmoreland County and become a member of the Pennsylvania Tobacco Free Youth Network by calling Anne Lail at 724-837-1402.



## U-CAN Pennsylvania—Beat Tobacco!

Westmoreland teens attended the **BUSTED!** Western Regional Conference in February. Pictured below, front row-left to right are Sarah Baird, Jade Lewis, Lauren Androstic, Brittny Scales, James Androstic, Emily Farah, Rachel Clontz, Ashley Trout, Dione Wright, Abby Yasika, Maria Gaudiano, Chloe Nosal, Tabitha Simmons, Kim Brackens. Back row-left to right are Matt Dickson, Elliott Rall, Ryan McNeal, Michael Towler, and Calvin Ford.



# BOYA



The Board of Youth Advisors (BOYA) are teens that guide the Pennsylvania Department of Health's youth

anti-tobacco program **BUSTED!**. BOYA teens attend two statewide conferences to network, plan events and exchange ideas to implement throughout Pennsylvania. Representing Westmoreland County



at the Spring event held in State College are Sarah Baird, Dione Wright and Emily Farah.

BOYA members are 14-18 years of age and a one year member of **BUSTED!**. If you would like to join BOYA, call Anne Lail, 724-837-1402.



Register early for the ...

### WESTMORELAND TOBACCO FREE YOUTH CONFERENCE—OCTOBER 10, 2008

**"U-CAN"**  
**BE TOBACCO FREE!**



Educational program and leadership workshop for students, teachers and adults who want to:

- **influence youth to lead tobacco free lives;**
- **educate communities, legislators and policy makers about tobacco issues;**
- **promote tobacco free schools and public places.**

Learn current issues about tobacco, experience hands-on activities, meet leaders in the field of public health, education, advocacy and business and develop ideas for tobacco free programs.

The conference is **FREE** and space is limited. Register early. Call Anne Lail, 724-837-1402.

## PENN STATE



Cooperative Extension

214 Donohoe Road, Suite E  
Greensburg, PA 15601

Tel: (724) 837-1402  
Fax: (724) 837-7613

Web: WestmorelandTobaccoFree.org

## HIGHLIGHTING YOUTH IN TOBACCO PREVENTION

### YOUTH QUEST Pennsylvania Conference —Harrisburg.

Representing the Westmoreland **BUSTED!** Youth Council at the October 2007 Youth Quest were Brittany Scales, Monessen Communities That Care Teen Council; Travis Mills, Saint Sebastian School; Raseem Hutchinson, Valley High School New Kensington; Sarah Baird, Penn Trafford High School; Dione Wright, Valley Middle School New Kensington and Emily Farah, Greater Latrobe Area High School.

The teens participated in leadership workshops, suggested strategies to implement a successful “U-Can” campaign and prepared for legislative visits. Keynote speaker, Michael Robins, M.S., challenged the teens to become change agents in today’s environment and Senator Stewart Greenleaf presented an update on the current status of Pennsylvania’s Clean Indoor Air legislation. The young constituents met to talk with their legislators including Representatives Petrarca and Casorio and Senators Kasunic, Stout, and Regola. Youth Quest 2008 is planned for October 6 –7 in Harrisburg and “U-CAN” join us. Membership is open to youth ages 13 to 18. To join **BUSTED!**, call Anne Lail at 724-837-1402.



Westmoreland **BUSTED!** Youth Council  
Brittney Scales, Travis Mills, Raseem Hutchinson,  
Sarah Baird, Dione Wright and Emily Farah at  
Youth Quest 2007.



### **BUSTED!** Spring Celebration—City Island, Harrisburg

On May 3, 2008, **BUSTED!** teens were celebrated at City Island, Harrisburg. Representing Westmoreland County were 29 youth from the communities of Monessen, Trafford, Jeannette, Greensburg, Belle Vernon and New Kensington. The teens enjoyed miniature golf, batting cages, beach volleyball, field events, food and a demonstration by “The Skyriders” acrobatic trampoline team. Pictured with members of the Skyriders team are Courtney Hall, Marsha Adams, Victoria Goldsworthy, William Bryant, Brittney Scales, Danielle Roland, Sara Rowe, Elliot Rall and Travis Mills.

### Athletes and Coaches “QUIT THE SPIT!”

Emily Farah, a Greater Latrobe Area High School athlete and **BUSTED!** member, spoke out against the use of spit tobacco at the Mon Valley Coaches Clinic held on Saturday, March 8, 2008, at Monongahela Valley Hospital. Emily joined several other notable speakers to motivate, educate and provide tips for athletes and coaches. Emily focused her presentation on the harmful relationship between athletes and spit tobacco use. “Athletes who chew tobacco hurt their athletic performance. Unfortunately, young athletes are negatively influenced by professional athletes and their coaches who chew. Not only is it a disgusting habit, but it can impair athletic ability and lead to permanent disability or death,” stated Emily Farah. Coaches concerned about spit tobacco use among their athletic teams can schedule a Chalk Talk by calling Anne Lail, Penn State Extension, 724-837-1402.



Emily Farah with Craig Wolfley, Keynote Speaker and Ten Year Steeler Offensive Lineman

## Kick Butts Day Celebrated In Westmoreland County



National Kick Butts Day was celebrated by Teens Against Tobacco Use (T.A.T.U.) at the Westmoreland Courthouse Square on April 2, 2008.

Eighteen students volunteered to dress as the

Grim Reaper and Ciggy Butts or hold posters throughout the day to educate the public about the deadly toll that tobacco causes worldwide. Hundreds of individuals driving or walking by the demonstration witnessed the grim activity. Striking the gong every 6 seconds, the grim reaper announced another tobacco related death. Tobacco use is the leading cause of preventable death and disability in the United States. Roughly 90% of all adult tobacco users started before the age of 18. It is important that teens speak up and speak out as positive tobacco free role models. **BUSTED!** membership in Westmoreland County is growing and more teens are challenging tobacco industry tactics to recruit young tobacco users and improve the health of their families, communities, schools and state. If you would like to join **BUSTED!**, call Anne Lail, 724-837-1402.



(from left) Julie Kovacs and Amanda Neely, Girl Scout Troop 5141, Sophia Mintas of Greensburg; Grim Reaper, Ashley Trout and Ciggy Butts, Maria Gaudiano of Mt. Pleasant High School.

### Greensburg-Salem Students Speak to County Commissioners



Westmoreland Commissioners Tom Balya, Kim Ward and Tom Ceraso issue a proclamation declaring May 2008, “Protect Children from Tobacco Smoke Pollution” month in Westmoreland County. The proclamation was presented on May 22, 2008, to Greensburg Salem Middle School Student Council members (from left) Abbie Yasika, Chloe Nosal, Abby Cawoski, Dillon Boggs, Kayla Palmer and Jadyn Morrison. The students prepared and read personal statements about tobacco and second hand smoke to the commissioners and public audience. To request a copy of the proclamation, call Anne Lail, 724-837-1402.

### U-CAN ...Be A Tobacco Free Community.

Members of the Jeannette JAYS T.A.T.U. Club, demonstrated their public speaking skills at a meeting of the Jeannette City Council and requested adoption of an ordinance to ban tobacco in all playgrounds and recreational fields. “Tobacco Free Area” STOP signs funded by the Commonwealth of Pennsylvania, Edward G. Rendell, Governor, were presented to the City of Jeannette and are currently posted in the eight (8) city parks and fields. If you would like to request a free “Tobacco Free Area” STOP sign for your community, please call Anne Lail, 724-837-1402.



Pictured (from left) are T.A.T.U. members Nichole Dickson, Michelle Dunmire, William Bryant, Matt Dickson and Elliot Rall.