



# Keeping Children Smoke Free

## Greene County Tobacco Control Program

### Secondhand Tobacco Smoke Facts

*Would you want anyone to breathe these toxic chemicals, let alone your own child?*

Children who breathe secondhand tobacco smoke inhale:

- arsenic
- ammonia
- butane
- carbon monoxide
- formaldehyde
- hydrogen cyanide
- nicotine
- tar

*How many cigarettes does your child smoke?*

- Riding with someone who is smoking with the windows up for one hour is comparable to smoking four cigarettes.
- Living in a pack-a-day smoker's home is comparable to smoking three cigarettes a day.

*(University of California, Berkeley Study)*

*Were you aware?*

Exposure to tobacco smoke results in:

- 350,000 ear infections
- 86,000 ear operations (tubes)
- 18,000 tonsillectomy/adenoidectomy surgeries
- 500,000 physician visits for asthma
- 600,000 physician visits for coughs
- 152,000 cases of pneumonia
- 350,000 cases of bronchitis

*(Joseph Di Franza, MD, Pediatrics; Morbidity and Mortality in Children Associated with the Use of Tobacco Products by other People)*

*What does more illness mean to a family?*

- More stress
- More doctor's visits
- More sleepless nights
- More missed school and work
- More last-minute child care arrangements

### Bee Free Program

The Bee Free Program is designed to help pregnant women, women with small children or uninsured individuals who want to quit using tobacco.

After an initial evaluation conducted by phone, each participant receives a packet of information, telephone counseling and free nicotine replacement therapy with a physician's consent. More than 15,000 people have been guided through the quit process using this customized, telephone-based program.

For more information on the Bee Free Program, please contact the Greene County Tobacco Control Program at (724) 852-5276 or 1 (888) 317-7106.

### Clean Air for Healthy Children

Several times a year, the Greene County Tobacco Control Program offers a training program for health care providers called Clean Air for Healthy Children. This program trains clinicians to help pregnant women, mothers of young children and teens who smoke.

The program seeks to:

- Increase the number of health care providers who routinely counsel smokers to quit
- Increase cessation attempts by pregnant women, mothers, caregivers of young children and teens who smoke
- Reduce the number of children who are regularly exposed to tobacco smoke at home

For more information on Clean Air for Healthy Children, please call the Greene County Tobacco Control Program at (724) 852-5276 or 1 (888) 317-7106.

### Did you know?

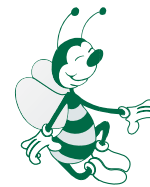
Infants under 18 months of age who live in a smoking household are twice as likely to die from SIDS (sudden infant death syndrome).

*(Centers for Disease Control and Prevention)*

### Smoke-free Home and Vehicle Sign-up

Take a pledge to make your home and vehicle smoke free and stop exposing your children to harmful secondhand smoke. People who commit to the pledge will receive a free gift pack.

This is not a pledge to quit smoking, only a pledge to not smoke in your home or vehicle, and to prevent others from doing the same. Call 724-852-5276 for more information.



**"Always Bee Tobacco Free"**

**Greene County Tobacco Control Program**  
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(724) 852-5276  
[www.beetobaccofree.org](http://www.beetobaccofree.org)

*The Greene County Tobacco Control Program is supported by the Greene County Drug & Alcohol Program and the County Commissioners: Pam Snyder, Chairman, Dave Coder and Archie Trader.*

*A program of Tobacco Free SWPA, funded by the Pennsylvania Department of Health, Edward G. Rendell, Governor*